



7-MEAL VARIETY PACKAGES

Perfect solution to provide 1 meal to your customers for a week.

Select from our 5 menus for 7-meal packages. Each package is complete with desserts, breads and appropriate accompaniments. You can order meals with or without milk.

CHEF'S MOST REQUESTED MENU (17102 4U6 milk | 17002 4U6 without milk)

NY Strip Beef Patty & Gravy with Spinach, Four Seasons Vegetables, Cornbread Muffin, Margarine, Milk, Apple Juice, and Banana Creme Cookies

Turkey Meatloaf with Zesty Orange Sauce with Three Seasons Vegetables, Italian Green Beans, Whole Wheat Bread, Margarine, Milk, Grape Juice, and Cherry Cookie

BBQ Pork Patty with Black Beans & Corn, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, and Apple Spice Cookie

Cilantro Lime Meatballs with Rice with Bean Blend, Carrots, Whole Wheat Bread, Margarine, Milk, Orange Juice, and Graham Crackers

Bruschetta Chicken with Red Skin Potatoes, Autumn Blend, Whole Wheat Bread, Margarine, Milk, and Vanilla Creme Cookies

Breaded Pollock with Green Pea Blend, Carrots, Hamburger Bun, Margarine, Milk, and Mixed Fruit Cup

Cheese Pizza with Mixed Vegetables, Bean Blend, Whole Wheat Bread, Margarine, Milk, and Dragon Punch Juice

THE BEST OF COMFORT MENU (27102 4U6 milk | 27002 4U6 without milk)

Honey Mustard Chicken with Sweet Potatoes, Brussels Sprouts, Bran Muffin, Margarine, Milk, Grape Juice, and Graham Crackers

Chipotle Meatloaf with Red Skin Potatoes, Green Beans, Whole Wheat Bread, Margarine, Milk, Applesauce Cup, and Chocolate Creme Cookies

Pork Patty & Rice with Roasted Garlic Gravy with Succotash, Carrots, Cornbread Muffin, Margarine, Milk, and Orange Juice

Spaghetti and Meatballs with Whole Kernel Corn, Broccoli Florets, Whole Wheat Bread, Margarine, Milk, and Blueberry Lemon Bar

Chicken Tenders over Zesty Orange Rice with Bean Blend, Three Seasons Vegetables, Whole Wheat Bread, Margarine, Milk, and Vanilla Creme Cookies

Pollock with Alfredo Spinach Sauce with Sweet Potatoes, Cauliflower, Whole Wheat Bread, Margarine, Milk, Grape Juice, and Snickerdoodle Cookie

Beef Patty with Carrots, Brussels Sprouts, Hamburger Bun, Margarine, Milk, and Star Crunch Cookie

THE CLASSICS ALL WRAPPED UP FOR YOU (37102 4U6 milk | 37002 4U6 without milk)

Chicken with Tomato Basil Penne with Corn with Peppers, Green Beans, Whole Wheat Bread, Margarine, Milk, Orange Pineapple Juice, and Snickerdoodle Cookie

Salisbury Steak with Roasted Potatoes, Mixed Vegetables, Whole Wheat Bread, Margarine, Milk, Orange Juice, and Cherry Cookie

Breaded Chicken Patty with Whole Kernel Corn, Spring Vegetables, Hamburger Bun, Margarine, Milk, and Strawberry Applesauce Cup

Beef Patty & Onion Gravy with Red Skin Potatoes, Broccoli Florets, Cornbread Muffin, Margarine, Milk, Apple Juice, and Blueberry Lemon Bar

Chicken & Teriyaki Rice with Sweet Potatoes, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, and Campfire S'mores Bar

Ginger Pork with Red Skin Potatoes, Green Pea Blend, Whole Wheat Bread, Margarine, Milk, and Oatmeal Creme Cookie

Beef Chili with Beans with Carrots, Broccoli Florets, Whole Wheat Bread, Margarine, Milk, and Raisins



CHEF MARIO'S FAVORITE MEALS

(47102 4U6 milk | 47002 4U6 without milk)

Cheese Omelet & Salsa with Broccoli Florets, Hash Browns, Scooters Cereal, Margarine, Milk, Raisins, and Graham Crackers

Pizzaiola Pork with Asparagus, Carrots, Whole Wheat Bread, Margarine, Milk, Apple Juice, and Strawberry Crisp Bar

Meatballs & Alfredo Shell Pasta with Corn with Peppers, Green Beans, Cornbread Muffin, Margarine, Milk, and Orange Juice

Chicken over Rice & Gravy with Bean Blend, Carrots, Whole Wheat Bread, Margarine, Milk, Applesauce Cup, and Snickerdoodle Cookie

Creamy Country Fried Steak with Red Skin Potatoes, Mixed Vegetables, Whole Wheat Bread, Margarine, Milk, and Dragon Punch Juice

Pollock Nuggets with Northern Beans, Broccoli Florets, Whole Wheat Bread, Margarine, Milk, Orange Pineapple Juice, and Chocolate Creme Cookies

Pork Patty & Gravy with Spinach, Sweet Potatoes, Whole Wheat Bread, Margarine, Milk, Grape Juice, and Apple Spice Cookie

Seasonal FAVORITES MENU (57102 4U6 milk | 57002 4U6 without milk)

Chicken & Mushroom Swiss Rice with Peas & Carrots, Cauliflower, Cornbread Muffin, Margarine, Milk, and Blueberry Lemon Bar

Three Layer Spinach Lasagna with Meat Sauce with Spinach, Corn with Peppers, Whole Wheat Bread, Margarine, Milk, and Cherry Cookie

Chicken/Beef Sausage Patties & Scrambled Eggs with Roasted Potatoes, Peaches, Bran Muffin, Margarine, Milk, and Orange Juice

Pork Patty & Mushroom Gravy with Sweet Potatoes, Green Beans, Whole Wheat Bread, Margarine, Milk, Apple Juice, and Campfire S'mores Bar

NY Strip Beef Patty with Horseradish Gravy with Red Skin Potatoes, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, Grape Juice, and Vanilla Creme Cookies

BBQ Chicken with Succotash, Green Beans, Cornbread Muffin, Margarine, Milk, Orange Juice, and Star Crunch Cookie

Pork Patty & Zesty Orange Rice with Green Peas, Carrots, Whole Wheat Bread, Margarine, Milk, Dragon Punch Juice, and Graham Crackers



For meal samples, contact our Customer Service Department at 877.936.8148 or www.traditionsmails.com



**SPRING
2026**

APRIL-MAY

7-MEAL VARIETY PACKAGES

Perfect solution to provide 1 meal to your customers for a week.

Select from our 5 menus for 7-meal packages. Each package is complete with desserts, breads and appropriate accompaniments. You can order meals with or without milk.

CHEF'S MOST REQUESTED MENU (17102 4S6 milk | 17002 4S6 without milk)

Ginger Pork with Red Skin Potatoes, Green Pea Blend, Whole Wheat Bread, Margarine, Milk, and Chocolate Creme Cookies

Breaded Chicken Nuggets with Whole Kernel Corn, Broccoli Florets, Whole Wheat Bread, Margarine, Milk, Orange Pineapple Juice, and Graham Crackers

Meatballs with Rice & Gravy with Spinach, Bean Blend, Cornbread Muffin, Margarine, Milk, and Star Crunch Cookie

Breakfast Burrito with Salsa with Applesauce, Hash Browns, Scooters Cereal, Margarine, Milk, and Grape Juice

Creamy Country Fried Steak with Red Skin Potatoes, Mixed Vegetables, Whole Wheat Bread, Margarine, Milk, and Dragon Punch Juice

Southwest Black Bean & Corn Casserole with Sweet Potatoes, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, and Strawberry Crisp Bar

Chicken with Tomato Basil Penne with Corn with Peppers, Green Beans, Whole Wheat Bread, Margarine, Milk, Orange Juice, and Apple Spice Cookie

THE BEST OF COMFORT MENU (27102 4S6 milk | 27002 4S6 without milk)

Macaroni & Cheese with Bean Blend, Brussels Sprouts, Cornbread Muffin, Margarine, Milk, and Vanilla Creme Cookies

Thai Chili Meatballs with Rice with Green Pea Blend, Broccoli Florets, Whole Wheat Bread, Margarine, Milk, and Blueberry Lemon Bar

BBQ Chicken with Succotash, Green Beans, Whole Wheat Bread, Margarine, Milk, Orange Juice, and Berry Apple Crisp Bar

Red Beans & Rice with Sausage with Corn with Peppers, Butternut Squash, Cornbread Muffin, Margarine, Milk, and Applesauce Cup

Fried Egg Patties with Sweet Potatoes, Asparagus, Whole Wheat Bread, Margarine, Milk, Grape Juice, and Apple Spice Cookie

Breaded Pollock Wedge with Parma Rosa Sauce with Corn with Peppers, Italian Green Beans, Whole Wheat Bread, Margarine, Milk, Orange Pineapple Juice, and Campfire S'mores Bar

Honey Mustard Chicken with Sweet Potatoes, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, Apple Juice, and Cherry Cookie

THE CLASSICS ALL WRAPPED UP FOR YOU (37102 4S6 milk | 37002 4S6 without milk)

Salisbury Steak with Roasted Potatoes, Mixed Vegetables, Whole Wheat Bread, Margarine, Milk, Dragon Punch Juice, and Snickerdoodle Cookie

Breaded Pollock with Green Pea Blend, Carrots, Cornbread Muffin, Margarine, Milk, Grape Juice, and Vanilla Creme Cookies

Chicken & Honey Lemon Rice with Black Beans & Corn, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, Apple Juice, and Blueberry Lemon Bar

Meatballs over Pizzaiola Noodles with Carrots, Green Beans, Whole Wheat Bread, Margarine, Milk, Orange Juice, and Banana Creme Cookies

Beef Patty over Cheesy Chipotle Rice with Whole Kernel Corn, Broccoli Florets, Whole Wheat Bread, Margarine, Milk, Orange Pineapple Juice, and Apple Spice Cookie

BBQ Pork Patty with Black Beans & Corn, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, and Star Crunch Cookie

Chicken Parmesan with Red Skin Potatoes, Mixed Vegetables, Whole Wheat Bread, Margarine, Milk, and Strawberry Applesauce Cup



CHEF MARIO'S FAVORITE MEALS

(47102 4S6 milk | 47002 4S6 without milk)

Beef Patty with Carrots, Brussels Sprouts, Cornbread Muffin, Margarine, Milk, Grape Juice, and Snickerdoodle Cookie

Cheese Pizza with Mixed Vegetables, Bean Blend, Whole Wheat Bread, Margarine, Milk, and Strawberry Applesauce Cup

Breaded Pollock with Coconut Curry Rice with Three Seasons Vegetables, Broccoli Florets, Whole Wheat Bread, Margarine, Milk, and Chocolate Creme Cookies

Chicken & Teriyaki Rice with Sweet Potatoes, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, Apple Juice, and Cherry Cookie

Spaghetti & Meatballs with Whole Kernel Corn, Broccoli Florets, Whole Wheat Bread, Margarine, Milk, and Orange Pineapple Juice

Creamy Breaded Chicken with Lima Beans, Mixed Vegetables, Whole Wheat Bread, Margarine, Milk, and Dragon Punch Juice

Beef Chili with Beans with Carrots, Broccoli Florets, Whole Wheat Bread, Margarine, Milk, and Banana Creme Cookies

SEASONAL FAVORITES MENU

(57102 4S6 milk | 57002 4S6 without milk)

Cheese Rollup with Meat Sauce with Northern Beans, Spring Vegetables, Whole Wheat Bread, Margarine, Milk, and Dragon Punch Juice

Huevos Rancheros with Red Skin Potatoes, Broccoli Florets, Whole Wheat Bread, Margarine, Milk, and Raisins

Chicken & Penne Pasta Alfredo with Carrots, Butternut Squash, Whole Wheat Bread, Margarine, Milk, Orange Pineapple Juice, and Apple Spice Cookie

Homestyle Meatloaf with Red Skin Potatoes, Winter Vegetables, Whole Wheat Bread, Margarine, Milk, Mixed Fruit Cup, and Chocolate Creme Cookies

Pork Patty & Gravy with Spinach, Sweet Potatoes, Cornbread Muffin, Margarine, Milk, Apple Juice, and Cherry Cookie

Pepperoni Pizza with Four Seasons Vegetables, Whole Kernel Corn, Whole Wheat Bread, Margarine, Milk, and Orange Juice

Turkey Meatloaf with Zesty Orange Sauce with Three Seasons Vegetables, Italian Green Beans, Whole Wheat Bread, Margarine, Milk, and Strawberry Crisp Bar



For meal samples, contact our Customer Service Department
at 877.936.8148 or www.traditionsmeals.com