

Perfect solution to provide 1 meal to your customers for a week.

Select from our 5 menus for 7-meal packages. Each package is complete with desserts, breads and appropriate accompaniments. You can order meals with or without milk.

CHEF'S MOST REQUESTED MENU (4U517102)

Ginger Pork Patty with Red Skin Potatoes, Green Pea Blend, Whole Wheat Bread, Margarine, Milk, and Strawberry Crisp Bar

Chicken with Tomato Basil Penne with Corn with Peppers, Green Beans, Whole Wheat Bread, Margarine, Milk, Dragon Punch Juice, and Snickerdoodle Cookie

Meatballs with Rice and Gravy with Spinach, Bean Blend, Cornbread Muffin, Margarine, Milk, and Chocolate Creme Cookies

Breaded Pollock Wedge with Autumn Blend, Butternut Squash, Whole Wheat Bread, Margarine, Milk, Orange Juice, and Vanilla Creme Cookies

Cheese Pizza with Bean Blend, Mixed Vegetables, Whole Wheat Bread, Margarine, Milk, and Applesauce Cup

Chipotle Meatloaf with Red Skin Potatoes, Green Beans, Whole Wheat Bread, Margarine, Milk, Dragon Punch Juice, and Apple Spice Cookie

Chimichurri Chicken with Stewed Tomatoes, Black Beans & Corn, Whole Wheat Bread, Margarine, Milk, and Star Crunch Cookie

THE BEST OF COMFORT MENU (4U527102)

Cheese Omelet & Salsa with Broccoli Florets, Hash Browns, Frosted Shredded Wheat Cereal, Margarine, Milk, and Blueberry Lemon Whole Wheat Bread, Margarine, Milk, Dragon Punch Juice, and Banana Creme Cookies

BBQ Chicken with Succotash, Green Beans, Cornbread Muffin, Margarine, Milk, Orange Juice, and Cherry Cookie

Florentine Stuffed Shell with Parma Rosa Sauce with Lima Beans, Carrots, Whole Wheat Bread, Margarine, Milk, Strawberry Applesauce Cup, and Star Crunch Cookie

Honey Mustard Chicken with Sweet Potatoes, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, Apple Juice, and Snickerdoodle Cookie

Pork Patty & Mushroom Gravy with Sweet Potatoes, Green Beans, Cornbread Muffin, Margarine, Milk, and Raisins

Pollock Nuggets with Northern Beans, Broccoli Florets, Whole Wheat Bread, Margarine, Milk, Orange Pineapple Juice, and Graham Crackers

THE CLASSICS ALL WRAPPED UP FOR YOU (4U537102)

Chicken & Honey Lemon Rice with Black Beans & Corn, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, Apple Juice, and Banana Creme Cookies

Homestyle Meatloaf with Winter Vegetables, Red Skin Potatoes, Whole Wheat Bread, Margarine, Milk, Grape Juice, and Vanilla Creme Cookies

Chicken/Beef Sausage Patties & Scrambled Eggs with Roasted Potatoes, Peaches, Whole Wheat Bread, Margarine, Milk, and Orange Juice

Pesto Basil Chicken with Lima Beans, Three Seasons Blend, Whole Wheat Bread, Margarine, Milk, and Oatmeal Creme Cookie

Spaghetti and Meatballs with Whole Kernel Corn, Broccoli Florets, Whole Wheat Bread, Margarine, Milk, and Chocolate Creme Cookies

Chicken & Teriyaki Rice with Sweet Potatoes, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, and Snickerdoodle Cookie

Beef Patty over Cheesy Chipotle Rice with Whole Kernel Corn, Broccoli Florets, Whole Wheat Bread, Margarine, Milk, Mixed Fruit Cup, and Graham Crackers



CHEF MARIO'S FAVORITE MEALS (4U547102)

Beef Batty & Onion Gravy with Red Skin Potatoes, Broccoli Florets, Whole Wheat Bread, Margarine, Milk, Apple Juice, and Cherry Cookie

Chicken & Mushroom Swiss Rice with Peas & Carrots, Cauliflower, Cornbread Muffin, Margarine, Milk, and Campfire S'mores Bar

Grilled BBQ Pork Patty with Black Beans & Corn, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, and Star Crunch Cookie

Salisbury Steak with Roasted Potatoes, Mixed Vegetables, Whole Wheat Bread, Margarine, Milk, Orange Pineapple Juice, and Apple Spice Cookie

Breaded Pollock with Alfredo Spinach Sauce with

Sweet Potatoes, Cauliflower, Whole Wheat Bread, Margarine, Milk, and Vanilla Creme Cookies

Chili with Beans with Carrots, Broccoli Florets, Cornbread Muffin, Margarine, Milk, and Banana Creme Cookies

Pizzaiola Pork with Asparagus, Carrots, Bran Muffin, Margarine, Milk, and Raisins

SEASONAL FAVORITES MENU (4U557102)

Turkey Meatloaf with Zesty Orange Sauce with Three Seasons Vegetables, Italian Green Beams, Whole Wheat Bread, Margarine, Milk, and Chocolate Creme Cookies

Cilantro Lime Meatballs with Rice with Bean Blend, Carrots, Whole Wheat Bread, Margarine, Milk, and Orange Juice

Bruschetta Chicken with Red Skin Potatoes, Autumn Vegetable Blend, Whole Wheat Bread, Margarine, Milk and Snickerdoodle Cookie

Breakfast Scramble with Asparagus, Hash Browns, Bran Muffin, Margarine, Milk, and Raisins

Chicken & Penne Pasta Alfredo with Carrots, Butternut Squash, Whole Wheat Bread, Margarine, Milk, Dragon Punch Juice, and Blueberry Lemon Bar

Breaded Pollock Wedge with Parma Rosa Sauce with Corn with Peppers, Italian Green Beans, Whole Wheat Bread, Margarine, Milk, Orange Pineapple Juice, and Apple Spice Cookie

NY Strip Beef Patty with Horseradish Sauce with Red Skin Potatoes, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, Grape Juice, and Cherry Cookie

For meal samples, contact our Customer Service Department at 877.936.8148 or www.traditionsmeals.com