



WINTER 2026 JANUARY-MARCH

3-MEAL VARIETY PACKAGES

Select from our 5 menus for 3-meal packages. Each meal package is complete with desserts, breads, milk and appropriate accompaniments.

TRIPLE THE FLAVORS (13102 4W6 milk | 13002 4W6 without milk)

Three Layer Spinach Lasagna with Meat Sauce with Spinach, Corn with Peppers, Whole Wheat Bread, Margarine, Milk, and Chocolate Creme Cookies

Rosemary Chicken with Lima Beans, Spring Vegetables, Cornbread Muffin, Margarine, Milk, Orange Juice, and Graham Crackers

Southwest Black Bean & Corn Casserole with Sweet Potatoes, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, and Strawberry Crisp Bar

TRIO OF FLAVORS (23102 4W6 milk | 23002 4W6 without milk)

Pork Patty & Mushroom Gravy with Sweet Potatoes, Green Beans, Cornbread Muffin, Margarine, Milk, and Blueberry Lemon Bar

Chicken Chili with Beans with Cauliflower, Spring Vegetables, Cornbread Muffin, Margarine, Milk, and Vanilla Creme Cookies

NY Strip Beef Patty & Gravy with Spinach, Four Seasons Vegetables, Whole Wheat Bread, Margarine, Milk, Grape Juice, and Berry Apple Crisp Bar

CLASSIC COMFORT (33102 4W6 milk | 33002 4W6 without milk)

Chicken Parmesan with Red Skin Potatoes, Mixed Vegetables, Whole Wheat Bread, Margarine, Milk, and Strawberry Applesauce Cup

BBQ Pork Patty with Black Beans & Corn, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, and Star Crunch Cookie

Salisbury Steak with Roasted Potatoes, Mixed Vegetables, Whole Wheat Bread, Margarine, Milk, Dragon Punch Juice, and Snickerdoodle Cookie

BURST OF COMFORT (43102 4W6 milk | 43002 4W6 without milk)

Beef Patty with Carrots, Brussels Sprouts, Cornbread Muffin, Margarine, Apple Juice, and Cherry Cookie

Creamy Breaded Chicken with Lima Beans, Mixed Vegetables, Whole Wheat Bread, Margarine, Milk, and Tropical Fruit Cup

Smoked Sausage with Mac & Cheese with Bean Blend, Cauliflower, Whole Wheat Bread, Margarine, Milk, Grape Juice, and Raisins

MODERN FARE (53102 4W6 milk | 53002 4W6 without milk)

Chicken Tenders over Zesty Orange Rice with Bean Blend, Three Seasons Vegetables, Whole Wheat Bread, Margarine, Milk, and Chocolate Creme Cookies

Homestyle Meatloaf with Red Skin Potatoes, Winter Vegetables, Whole Wheat Bread, Margarine, Milk, Apple Juice, and Vanilla Creme Cookies

Pepperoni Pizza with Four Seasons Vegetables, Whole Kernel Corn, Whole Wheat Bread, Margarine, Milk, and Applesauce Cup

**For meal samples, contact our Customer Service Department
at 877.936.8148 or www.traditionsmeals.com**