



3-MEAL VARIETY PACKAGES

Select from our 5 menus for 3-meal packages. Each meal package is complete with desserts, breads, milk and appropriate accompaniments.

TRIPLE THE FLAVORS (4U513102)

Ginger Pork Patty with Red Skin Potatoes, Green Pea Blend, Whole Wheat Bread, Margarine, Milk, and Strawberry Crisp Bar

Chicken with Tomato Basil Penne with Corn with Peppers, Green Beans, Whole Wheat Bread, Margarine, Milk, Dragon Punch Juice, and Snickerdoodle Cookie

Meatballs with Rice and Gravy with Spinach, Bean Blend, Cornbread Muffin, Margarine, Milk, and Chocolate Creme Cookies

TRIO OF FLAVORS (4U523102)

Cheese Omelet & Salsa with Broccoli Florets, Hash Browns, Frosted Shredded Wheat Cereal, Margarine, Milk, and Blueberry Lemon Bar

Pork Patty & Zesty Orange Rice with Green Peas, Carrots, Whole Wheat Bread, Margarine, Milk, Dragon Punch Juice, and Banana Creme Cookies

BBQ Chicken with Succotash, Green Beans, Cornbread Muffin, Margarine, Milk, Orange Juice, and Cherry Cookie

CLASSIC COMFORT (4U533102)

Chicken & Honey Lemon Rice with Black Beans & Corn, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, Apple Juice, and Banana Creme Cookies

Homestyle Meatloaf with Winter Vegetables, Red Skin Potatoes, Whole Wheat Bread, Margarine, Milk, Grape Juice, and Vanilla Creme Cookies

Chicken/Beef Sausage Patties & Scrambled Eggs with Roasted Potatoes, Peaches, Whole Wheat Bread, Margarine, Milk, and Orange Juice

BURST OF COMFORT (4U543102)

Beef Batty & Onion Gravy with Red Skin Potatoes, Broccoli Florets, Whole Wheat Bread, Margarine, Milk, Apple Juice, and Cherry Cookie

Chicken & Mushroom Swiss Rice with Peas & Carrots, Cauliflower, Cornbread Muffin, Margarine, Milk, and Campfire S'mores Bar

Grilled BBQ Pork Patty with Black Beans & Corn, Brussels Sprouts, Whole Wheat Bread, Margarine, Milk, and Star Crunch Cookie

MODERN FARE (4U553102)

Turkey Meatloaf with Zesty Orange Sauce with Three Seasons Vegetables, Italian Green Beans, Whole Wheat Bread, Margarine, Milk, and Chocolate Creme Cookies

Cilantro Lime Meatballs with Rice with Bean Blend, Carrots, Whole Wheat Bread, Margarine, Milk, and Orange Juice

Bruschetta Chicken with Red Skin Potatoes, Autumn Vegetable Blend, Whole Wheat Bread, Margarine, Milk and Snickerdoodle Cookie

Three fresh carrots are shown vertically on the left side of the bottom section.

For meal samples, contact our Customer Service Department
at 877.936.8148 or www.traditionsmeals.com