



Meatballs with Rice & Gravy

with Spinach & Bean Blend

100



Nutrition Facts

1 serving per container

Serving Size 1 Meal (368)

Amount per serving

Calories 370

% Daily Value*

Total Fat 9g 11%

Saturated Fat 3g 16%

Trans Fat 0g

Cholesterol 40mg 13%

Sodium 470mg 20%

Total Carbohydrate 47g 17%

Dietary Fiber 7g 26%

Total Sugars 3g

Includes 2g Added Sugars 4%

Protein 27g

Vitamin D 0g 0%

Calcium 140mg 11%

Iron 5mg 29%

Potassium 960mg 21%

Packaging

| | | | |
|-------------------|----------------|--------------|----------------------|
| Meal Number | 100 | Case Length | 18.125 in |
| GTIN | 00814748001003 | Case Width | 14.125 in |
| Pack Size | 20 each | Case Height | 8.125 in |
| Meal Weight | 12.98 oz | Case Cube | 1.20 ft ³ |
| Case Weight Gross | 19.73 lbs | Cases/Pallet | 48 |
| Case Weight Net | 16.23 lbs | Hi | 8 |
| Case Pack Code | yymmdd | Ti | 6 |

Preparation

| | |
|---|--|
| Cook times may need to be adjusted due to variations in appliances. Check that product is heated to internal temperature of 165°F. | |
| Microwave | Slit film over each compartment. Microwave on high 9 minutes. Carefully remove product and let stand 2 minutes. |
| Conventional Oven | Slit film over each compartment. Bake at 350°F for 25 minutes. Carefully remove product. |

Additional

| | | | |
|-----------|------------------|-----------------|-----------|
| Allergens | Wheat, Milk, Soy | Order Lead Time | 14 days |
| Kosher | No | Storage | -10°—10°F |
| CN | No | Shelf Life | 365 days* |

*From production when kept at 0°F or below

Information shown may vary from product currently in distribution. Changes in ingredients, processes, and regulations occur, affecting content. The most accurate information is available on product package.

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