

## Chicken Patty & Honey Lemon Rice with Black Beans and Corn & Brussels Sprouts



1 serving per container Serving Size 1 Meal (340)				
Amount per serving Calories	350			
	% Daily Value*			
Total Fat 11g	14%			
Saturated Fat 3.5g	17%			
Trans Fat 0g				
Cholesterol 55mg	18%			
Sodium 350mg	15%			
Total Carbohydrate 42g	15%			
Dietary Fiber 7g	24%			
Total Sugars 7g				

Includes 0g Added Sugars

0%

4%

15%

16%

Protein 27g

Iron 2.5mg

Vitamin D 0mcg Calcium 55mg

Potassium 750mg

**NutritionFacts** 

Packaging					
Meal Number	095	Case Length	18.125 in		
GTIN	00814748000952	Case Width	14.125 in		
Pack Size	20 each	Case Height	8.125 in		
Meal Weight	12.0 OZ	Case Cube	1.20 ft <sup>3</sup>		
Case Weight Gross	18.5 lbs	Cases/Pallet	48		
Case Weight Net	15.0 lbs	Hi	8		
Case Pack Code	yymmdd	Ti	6		

Preparation					
Cook times may need to be adjusted due to variations in appliances.  Check that product is heated to internal temperature of 165°F.					
Microwave	Slit film over each compartment. Microwave on high 6 minutes.  Carefully remove product and let stand 2 minutes.				
Conventional Oven	Slit film over each compartment. Bake at 350°F for 25 minutes.  Carefully remove product.				

Additional					
Allergens	Soy	Order Lead Time	14 days		
Kosher	No	Storage	-10°—10°F		
CN	No	Shelf Life	365 days*		

\*From production when kept at o°F or below

Information shown may vary from product currently in distribution. Changes in ingredients, processes, and regulations occur, affecting content. The most accurate information is available on product package.

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