



Chicken Tenders over Zesty Orange Rice

with Bean Blend & Three Seasons Blend

090



Nutrition Facts

1 serving per container
Serving Size 1 Meal (350)

Amount per serving

Calories 500

% Daily Value*

Total Fat 12g 16%

Saturated Fat 3g 15%

Trans Fat 0g

Cholesterol 60mg 19%

Sodium 500mg 22%

Total Carbohydrate 68g 25%

Dietary Fiber 6g 20%

Total Sugars 19g

Includes 5g Added Sugars 10%

Protein 19g

Vitamin D 0mcg 0%

Calcium 75mg 6%

Iron 4.5mg 25%

Potassium 640mg 14%

Packaging

Meal Number	090	Case Length	18.125 in
GTIN	00814748000907	Case Width	14.125 in
Pack Size	20 each	Case Height	8.125 in
Meal Weight	12.35 oz	Case Cube	1.20 ft ³
Case Weight Gross	18.94 lbs	Cases/Pallet	48
Case Weight Net	15.44 lbs	Hi	8
Case Pack Code	yymmdd	Ti	6

Preparation

Cook times may need to be adjusted due to variations in appliances. Check that product is heated to internal temperature of 165°F.

Microwave	Slit film over each compartment. Microwave on high 6 minutes. Carefully remove product and let stand 2 minutes.
Conventional Oven	Slit film over each compartment. Bake at 350°F for 25 minutes. Carefully remove product.

Additional

Allergens	Wheat, Soy, Milk, Egg, Sesame	Order Lead Time	14 days
Kosher	No	Storage	-10°—10°F
CN	No	Shelf Life	365 days*

*From production when kept at 0°F or below

Information shown may vary from product currently in distribution. Changes in ingredients, processes, and regulations occur, affecting content. The most accurate information is available on product package.

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