



Southwestern Style Chicken Tenders

with Sweet Potatoes & Broccoli Florets



Nutrition Facts

1 serving per container
Serving Size 1 Meal (411)

Amount per serving

Calories 390

% Daily Value*

Total Fat 12g 16%

Saturated Fat 4g 20%

Trans Fat 0g

Cholesterol 60mg 19%

Sodium 610mg 26%

Total Carbohydrate 49g 18%

Dietary Fiber 7g 26%

Total Sugars 9g

Includes 5g Added Sugars 10%

Protein 19g

Vitamin D 0mcg 0%

Calcium 95mg 7%

Iron 3.5mg 20%

Potassium 760mg 16%

Packaging

Meal Number	089	Case Length	18.125 in
GTIN	00814748000891	Case Width	14.125 in
Pack Size	20 each	Case Height	8.125 in
Meal Weight	14.50 oz	Case Cube	1.20 ft ³
Case Weight Gross	21.63 lbs	Cases/Pallet	48
Case Weight Net	18.13 lbs	Hi	8
Case Pack Code	yymmdd	Ti	6

Preparation

Cook times may need to be adjusted due to variations in appliances. Check that product is heated to internal temperature of 165°F.

Microwave	Slit film over each compartment. Microwave on high 7 minutes 30 seconds. Carefully remove product and let stand 2 minutes.
Conventional Oven	Slit film over each compartment. Bake at 350°F for 25 minutes. Carefully remove product.

Additional

Allergens	Wheat, Milk, Soy, Egg	Order Lead Time	14 days
Kosher	No	Storage	-10°—10°F
CN	No	Shelf Life	365 days*

*From production when kept at 0°F or below

Information shown may vary from product currently in distribution. Changes in ingredients, processes, and regulations occur, affecting content. The most accurate information is available on product package.

Issued: 11/18/22 Supersedes: 5/16/22

Traditions Meal Solutions | 100 Valley Drive Pearl, MS 39208 | 877-936-8148 | customer@traditionsi.com | www.traditionsi.com