



# Chicken Patty over Rice & Gravy

with Bean Blend & Carrots

o80



## Nutrition Facts

1 serving per container  
Serving Size 1 Meal (334)

Amount per serving

**Calories 380**

% Daily Value\*

Total Fat 11g 14%

Saturated Fat 3g 14%

Trans Fat 0g

Cholesterol 55mg 18%

Sodium 450mg 20%

Total Carbohydrate 42g 15%

Dietary Fiber 6g 21%

Total Sugars 3g

Includes 0g Added Sugars 0%

Protein 29g

Vitamin D 0mcg 0%

Calcium 75mg 6%

Iron 3mg 18%

Potassium 670mg 14%

## Packaging

Meal Number	o80	Case Length	18.125 in
GTIN	00814748000808	Case Width	14.125 in
Pack Size	20 each	Case Height	8.125 in
Meal Weight	11.78 oz	Case Cube	1.20 ft <sup>3</sup>
Case Weight Gross	18.23 lbs	Cases/Pallet	48
Case Weight Net	14.73 lbs	Hi	8
Case Pack Code	yymmdd	Ti	6

## Preparation

Cook times may need to be adjusted due to variations in appliances. Check that product is heated to internal temperature of 165°F.	
Microwave	Slit film over each compartment. Microwave on high 5 minutes. Carefully remove product and let stand 2 minutes.
Conventional Oven	Slit film over each compartment. Bake at 350°F for 25 minutes. Carefully remove product.

## Additional

Allergens	Soy, Milk, Wheat	Order Lead Time	14 days
Kosher	No	Storage	-10°—10°F
CN	No	Shelf Life	365 days*

\*From production when kept at 0°F or below

Information shown may vary from product currently in distribution. Changes in ingredients, processes, and regulations occur, affecting content. The most accurate information is available on product package.

Issued: 11/17/22 Supersedes: 5/12/22

Traditions Meal Solutions | 100 Valley Drive Pearl, MS 39208 | 877-936-8148 | customer@traditionsi.com | www.traditionsi.com