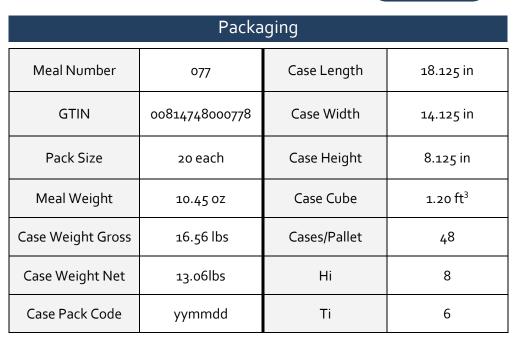




Nutrition Facts 1 serving per container Serving Size 1 Meal (296) Amount per serving 36 Calories % Daily Value* Total Fat 15g 20% Saturated Fat 3g 15% Trans Fat Og Cholesterol 30mg 9% Sodium 630mg 27% Total Carbohydrate 29g 11% Dietary Fiber 7g 24% Total Sugars 5g Includes Og Added Sugars 0% Protein 19g Vitamin D 0mcg 0% 7% Calcium 90mg 20% Iron 3.5mg Potassium 2000mg 23%

Breaded Parmesan Chicken Patty with Red Skin Potatoes & Mixed Vegetables



Preparation

Cook times may need to be adjusted due to variations in appliances. Check that product is heated to internal temperature of 165°F.

Microwave	Slit film over each compartment. Microwave on high 5 minutes. Carefully remove product and let stand 2 minutes.
Conventional Oven	Slit film over each compartment. Bake at 350°F for 25 minutes. Carefully remove product.

Additional			
Soy, Wheat, Milk	Order Lead Time	14 days	
No	Storage	-10°—10°F	
No	Shelf Life	365 days*	
	Soy, Wheat, Milk No	Soy, Wheat, Milk Order Lead Time No Storage	

*From production when kept at o°F or below

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Information shown may vary from product currently in distribution. Changes in ingredients, processes, and regulations occur, affecting content. The most accurate information is available on product package.

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