



Creamy Chicken & Dumplings

with Lima Beans & Winter Vegetables

054



Nutrition Facts

1 serving per container
Serving Size 1 Meal (420)

Amount per serving

Calories 390

% Daily Value*

Total Fat 13g 16%

Saturated Fat 3g 16%

Trans Fat 0g

Cholesterol 65mg 22%

Sodium 770mg 33%

Total Carbohydrate 40g 14%

Dietary Fiber 7g 26%

Total Sugars 5g

Includes 3g Added Sugars 6%

Protein 31g

Vitamin D 0mcg 0%

Calcium 70mg 5%

Iron 4mg 24%

Potassium 680mg 14%

Packaging

| | | | |
|-------------------|----------------|--------------|----------------------|
| Meal Number | 054 | Case Length | 18.125 in |
| GTIN | 00814748000549 | Case Width | 14.125 in |
| Pack Size | 20 each | Case Height | 8.125 in |
| Meal Weight | 14.8 oz | Case Cube | 1.20 ft ³ |
| Case Weight Gross | 22 lbs | Cases/Pallet | 48 |
| Case Weight Net | 18.5 lbs | Hi | 8 |
| Case Pack Code | yymmdd | Ti | 6 |

Preparation

| | |
|---|--|
| Cook times may need to be adjusted due to variations in appliances. Check that product is heated to internal temperature of 165°F. | |
| Microwave | Slit film over each compartment. Microwave on high 6 minutes. Carefully remove product and let stand 2 minutes. |
| Conventional Oven | Slit film over each compartment. Bake at 350°F for 25 minutes. Carefully remove product. |

Additional

| | | | |
|-----------|------------------|-----------------|-----------|
| Allergens | Wheat, Milk, Soy | Order Lead Time | 14 days |
| Kosher | No | Storage | -10°—10°F |
| CN | No | Shelf Life | 365 days* |

*From production when kept at 0°F or below

Information shown may vary from product currently in distribution. Changes in ingredients, processes, and regulations occur, affecting content. The most accurate information is available on product package.

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